



**2019 CATALOGUE**

**PHYSICAL THERAPY &  
SPORTS MEDICINE  
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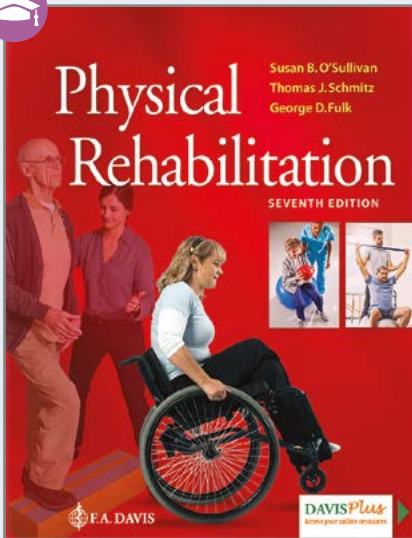


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## PHYSICAL REHABILITATION

### Seventh Edition

Susan B. O'Sullivan, Thomas J. Schmitz & George D. Fulk

Jan 2019 1,512pp, 960 illustrations

9780803661622 Hardback £116.00 / €133.00

Rely on this comprehensive, curriculum-spanning text and reference now and throughout your career.

The thoroughly updated seventh edition includes everything you need to know about the rehabilitation management of adult patients, from integrating basic surgical, medical, and therapeutic interventions to how to select the most appropriate evaluation procedures, develop rehabilitation goals, and implement a treatment plan.

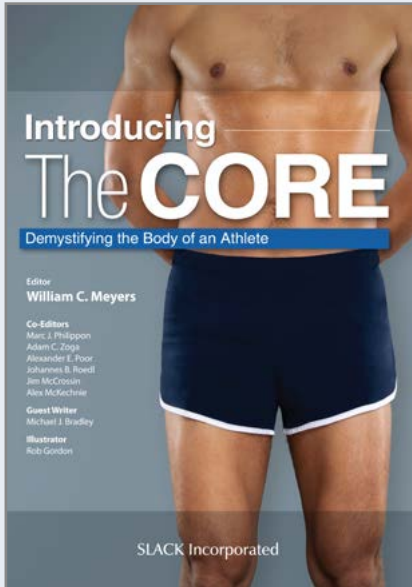
Online you'll find 60 narrated, full-colour video clips of patients in treatment, including the initial examination, interventions, and outcomes for a variety of the conditions commonly seen in rehabilitation settings.

- Thoroughly updated to reflect the newest evidence and changes in health care.
- New video and written case study on multiple sclerosis.
- Incorporates current research in basic and clinical sciences with physical therapy assessments and treatment procedures.
- Includes "Evidence Summary" tables in most chapters which evaluate current research on specific topics and support evidence-based practice.
- Enhances critical-thinking skills with open-ended clinical case studies.
- Covers strategies for fall prevention, virtual reality rehabilitation, body-weight treadmill training, and upper extremity amputations and prosthetics.
- Integrates the goals, examination procedures, and interventions of the APTA's *Guide to Physical Therapist Practice*.
- eBook, powered by VitalSource.
- Testing resources - Assess your students understanding of the material.
- Classroom & lecture planning resources - plan your classes here.
- Previous edition resources still available - your home for the 6th edition resources.
- Video case studies.

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## INTRODUCING THE CORE

### Demystifying the Body of an Athlete

Edited by William C. Meyers

Apr 2019 450pp

9781630915155 Hardback £164.00 / €178.00

There is no more important area of the body for an athlete than the core. It's the engine room, the place where power is generated and then distributed. Strength there makes life easier for shoulders and knees. It produces speed and explosiveness, endurance and grit. Build the core and you have built the house.

The core is so important. So why has it remained such a medical mystery? This book will explain that.

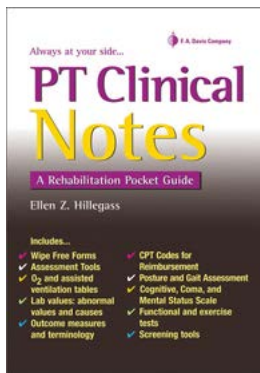
Dr. William Meyers has become the America's foremost authority on core health. Along with over 40 world renowned expert contributors, Dr. Meyers explains how the core functions, how to build the core's strength, and how to repair the core when it breaks down.

Through stories and anecdotes about his work with elite athletes, Dr. Meyers will give readers a thorough understanding of the body's most important contributor to physical success and its widespread influence on the human anatomy. Let's go inside the locker room, the operating room, and onto the field to trace the arc of a performer's journey from injury to repair to return.

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## BOOST YOUR BOOKSHELVES WITH THESE NOTES

Perfect for on-the-go quick reference



### PT CLINICAL NOTES

#### A Rehabilitation Pocket Guide

Ellen Z. Hillegass

2013 368pp,

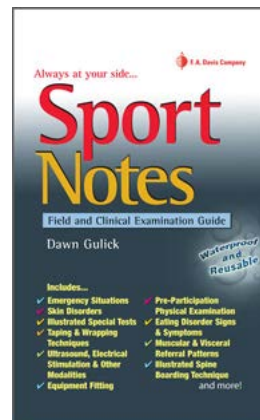
171 illustrations

9780803627604

Spiralbound £36.50 / €42.00

Rely on this concise pocket guide to prepare for the everyday encounters you'll face in the hospital, rehab facility, nursing home, or home

health setting. Inside you'll find the critical, but rarely memorized information you need, including outcome tests, normative values, and evaluation and treatment guidelines.



### SPORT NOTES

#### Field and Clinical Examination Guide

Dawn Gulick

2008 256pp,

245 illustrations

9780803618756

Spiralbound £33.50 / €38.00

Packed with all of the information you need to quickly respond to any situation. A spiral binding, thumb tabs and nearly 250 illustrations and photographs, most in colour, ensure you can find

just what you're looking for, when you need it.

## PHYSICAL THERAPY & REHABILITATION

American Psychological Association

### HANDBOOK OF REHABILITATION PSYCHOLOGY

Third Edition

Edited by Lisa Brenner et al

May 2019 544pp

9781433829857 Hardback £100.00 / €109.00

The field of rehabilitation has undergone major change, shifting toward an emphasis on health outcomes and understanding multiple determinants of health. This handbook has been significantly updated to reflect these new developments.

Demos Medical Publishing

### CANCER REHABILITATION

Principles and Practice  
Second Edition

Michael D. Stubblefield

2018 1,200pp, 500 illustrations

9780826111388 Hardback £100.00 / €110.00

Provides a state-of-the-art overview of the principles of cancer care and best practices for restoring function and quality of life. With new chapters on topics such as inpatient cancer rehabilitation, paediatric oncology, research issues, and building a cancer rehabilitation program, the book keeps pace with recent advances in this growing field.

F.A. Davis

### EVIDENCE BASED PHYSICAL THERAPY

Second Edition

Linda Fetters & Julie Tilson

2018 480pp, 155 illustrations

9780803661158 Paperback £58.50 / €67.00

Shows readers how to find, appraise, and apply the research in the literature to meet your patient's goals. You'll learn how to develop evidence-based questions specific to your clinical decisions and conduct efficient and effective searches of print and online sources to identify the most relevant and highest quality evidence.

### JOINT STRUCTURE & FUNCTION

A Comprehensive Analysis, Sixth Edition

Pamela K. Levangie, Cynthia C. Norkin & Michael D. Lewek

Mar 2019 624pp, 800 images

9780803658783 Hardback £116.00 / €133.00

Teaches students the knowledge and skills to effectively evaluate and treat human movement disorders. This popular text offers the clear, logical discussions of joint structure and muscle action, combined with an evidence-based approach needed to understand joint dynamics in both health and disease.

### PHYSICAL REHABILITATION

Seventh Edition

Susan B. O'Sullivan, Thomas J. Schmitz & George D. Fulk

Jan 2019 1,512pp, 960 illustrations

9780803661622 Hardback £116.00 / €133.00

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### ACUTE CARE PHYSICAL THERAPY

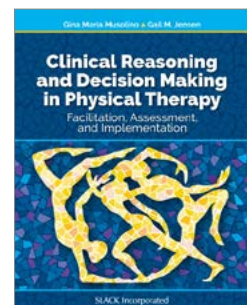
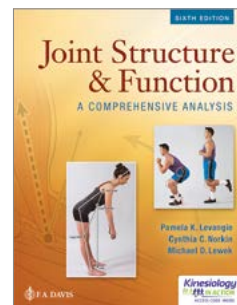
A Clinician's Guide, Second Edition

Daniel J. Malone & Kathy Lee Bishop

Sep 2019 700pp

9781617119866 Paperback £87.50 / €95.00

A key new book on physical therapy in acute care settings.



## CLINICAL REASONING AND DECISION MAKING IN PHYSICAL THERAPY



### Facilitation, Assessment, and Implementation

Gina Maria Musolino & Gail Jensen

Aug 2019 375pp

9781630914080 Hardback £87.50 / €95.00

Provides a comprehensive and in-depth focus on development of the patient-client management skills of clinical reasoning and clinical decision-making. The book takes into account teaching and learning strategies, assessment, and technological applications across the continuum from novice to residents/fellows-in-training.

## EDUCATING PHYSICAL THERAPISTS

Gail Jensen

2018 304pp

9781630914110 Paperback £60.50 / €66.00

Looks at the current state of physical therapist education across the continuum, and then describes exemplars of excellence and best practices that were observed in academic and clinical settings. Through this survey of the profession, a conceptual model of excellence in physical therapist education is derived and presented with recommendations.

## PROCEDURES AND PATIENT CARE FOR THE PHYSICAL THERAPIST ASSISTANT



Jennifer Memolo

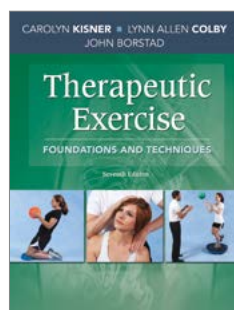
Feb 2019 240pp

9781630914530 Paperback £98.50 / €107.00

Procedures and patient care will be one of the first courses a physical therapist assistant (PTA) student will encounter as they begin their educational career. The foundational material covered in this book includes information about transfers, positioning, vital sign measurement, wheelchair fit and management, assistive devices, and gait.

## PHYSICAL THERAPY & REHABILITATION BESTSELLERS

F.A. Davis



## THERAPEUTIC EXERCISE

### Foundations and Techniques, Seventh Edition

Carolyn Kisner, Lynn Allen Colby  
& John Borstad

2017 1,128pp, 798 illustrations

9780803658509 Hardback

£77.50 / €91.00

Offers all the guidance

you need to customize interventions for individuals with movement dysfunction. You'll find the perfect balance of theory and clinical technique in-depth discussions of the principles of therapeutic exercise and manual therapy and the most up-to-date exercise and management guidelines.



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## DOCUMENTATION BASICS FOR THE PHYSICAL THERAPIST ASSISTANT



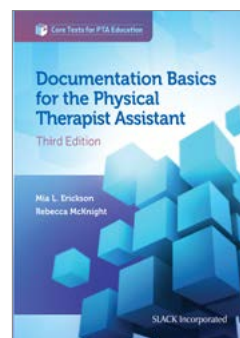
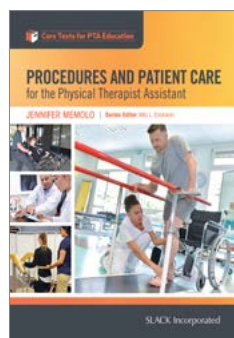
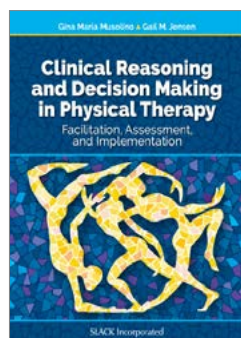
### Third Edition

Mia L. Erickson & Rebecca McKnight

2018 225pp

9781630914028 Paperback £68.95 / €75.00

The perfect guide for all physical therapist assistant students and clinicians who want to update and refine their knowledge and skills in documentation.



## SPORTS MEDICINE & ATHLETIC TRAINING

American Psychological Association

### NEUROPSYCHOLOGY OF SPORTS-RELATED CONCUSSION

*Edited by Peter A. Arnett*

Jan 2019 368pp

9781433829796 Hardback £100.00 / €109.00

Explores neuropsychological considerations in the assessment, diagnosis, and management of sports-related concussions and their after effects. Expert contributors describe treatment for persistent postconcussive symptoms, and explore genetic factors that can impact symptoms and diagnosis.

### APA HANDBOOK OF SPORT AND EXERCISE PSYCHOLOGY

**Volume 1: Sport Psychology**  
**Volume 2: Exercise Psychology**

*Edited by Mark H. Anshel et al*

Mar 2019 1,535pp, two volumes

9781433830396 Hardback £423.00 / €488.00

*APA Handbooks in Psychology*

Presents new areas of research and links theory with emerging practice to reflect the latest developments in this constantly changing field. The 77 chapters provide extensive coverage of conceptual frameworks and models, empirical findings, and practical interventions.

PennWell Books

### HUMAN PERFORMANCE FOR TACTICAL ATHLETES

*O2X Human Performance*

Mar 2019 320pp

9781593704766 Paperback £29.50 / €32.00

Provides comprehensive, science-backed training and education in all pillars of human performance - nutrition, conditioning, stress management, sleep, and resilience - so you can finish your career as strong as you started.

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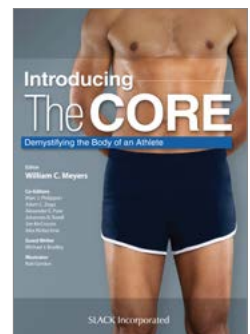
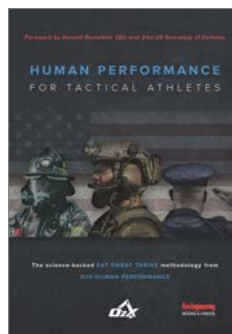
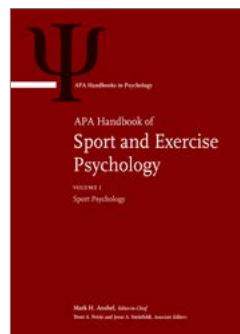
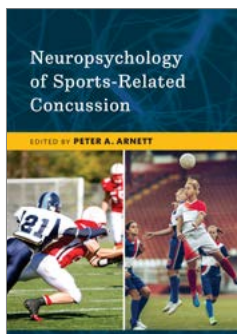
### INTRODUCING THE CORE Demystifying the Body of an Athlete

*Edited by William C. Meyers*

Apr 2019 450pp

9781630915155 Hardback £164.00 / €178.00

For further details see page 2.



## PROFESSIONAL WRITING IN KINESIOLOGY AND SPORTS MEDICINE

Mark Knoblauch

2018 300pp

9781630915063 Paperback £65.95 / €71.00

A comprehensive writing guide for research professionals and students who are looking to improve their academic writing skills. This book focuses on manuscript development and presentation, while also including chapters that outline the foundational concepts of professional writing, developing a research grant, and the journal selection process.



## SPORTS MEDICINE & ATHLETIC TRAINING BESTSELLERS

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### CLINICAL PATHOLOGY FOR ATHLETIC TRAINERS

#### Recognizing Systemic Disease, Third Edition

Daniel P. O'Connor & A. Louise Fincher

2014 432pp, colour photos

9781617110917 Hardback £78.95 / €86.00

Written specifically for athletic trainers, by athletic trainers, this third edition emphasizes practical knowledge; development of clinical skills, including evaluation and treatment; and development of clinical decision-making abilities.

### REHABILITATION TECHNIQUES FOR SPORTS MEDICINE AND ATHLETIC TRAINING

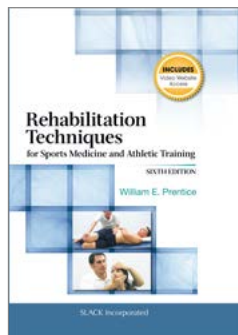
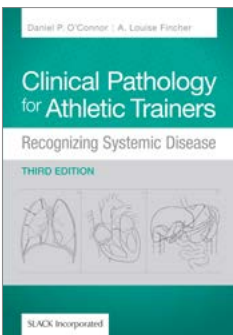
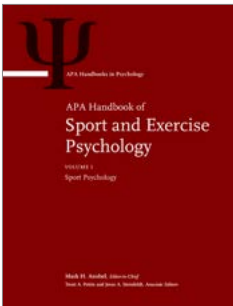
#### Sixth Edition

William E. Prentice

2015 904pp, 1,000 images

9781617119316 Hardback £116.00 / €127.00

This comprehensive reference is written for the athletic training student who is interested in gaining more in-depth exposure to the theory and practical application of rehabilitation techniques used in a sports medicine environment.





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