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PUBLICATION MANUAL OF THE AMERICAN PSYCHOLOGICAL ASSOCIATION

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American Psychological Association
**STUDY SKILLS, STYLE GUIDES & REFERENCE**

American Psychological Association

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**HIGHLIGHT**

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30 Jul 2020 258pp

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Teaching psychology is a noble and rewarding endeavour, but finding the right position at the right college can be a daunting task. This book is designed to guide you through this complicated process by helping you find the job that matches your longterm goals - whether you want to focus on research, teaching, or both.

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**BIG DATA IN PSYCHOLOGICAL RESEARCH**

*Edited by Sang Eun Woo, Louis Tay & Robert W. Proctor*

Jul 2020 420pp

9781433831676 Hardback £99.95 / €115.00

Technological advances have led to an abundance of widely-available data on every aspect of life today. Psychologists today have more information than ever before on human cognition, emotion, attitudes, and behaviour. This book addresses the opportunities and challenges that this data presents to psychological researchers.

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*Susanne Hempel*

Oct 2019 145pp, Literature flow diagram, sample evidence tables, database and citation manager examples

9781433830921 Paperback £33.50 / €38.00

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Provides a step-by-step guide to writing a literature review, and includes tips for modifying the process as needed depending on your audience, purpose, and goals. The lessons in this book can be applied to writing the background section for a thesis or an original research publication.

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Ashleigh H Gallagher & M. Patrick Gallagher

Feb 2020 181pp

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Explores common unspoken assumptions and attitudes in academia, and use them to prepare for different work cultures. You will also learn to build your network, as you identify a career path that matches your interests.
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Kelly S. McClure
Jul 2020 120pp
9781433832222 Paperback £33.50 / €38.00
Concise Guides to Conducting Behavioral, Health, and Social Science Research
Emerging researchers are often surprised to learn that instrument selection is a complex and important step in the process of research design. This concise guide explains how to identify appropriate instruments, select the best ones for the job, and properly describe the instruments so that others will know how and why they were chosen.

Cognella Academic Publishing

BETTER WRITING IN PSYCHOLOGY & BEYOND
Harold Miller Jr.
Aug 2019 114pp
9781516588497 Paperback £38.50 / €44.00
Equips students with tools, observations, insights, and exercises to help them write better in the discipline and more generally. The text opens by viewing the current status of reading and writing in larger society. In later chapters, the author describes the natural history of speaking and the sociocultural history of reading and writing.

INTRODUCING PSYCHOLOGY
Third Edition
Dena Matzenbacher & Linda Brannon
Oct 2019 498pp
9781516591039 Paperback £119.00 / €138.00
Provides readers with a comprehensive introduction to the discipline, as well as the tools they need to better understand themselves and improve their academic study habits. This book presents psychological research on learning, memory, motivation, and social behaviour, and encourages students to apply these concepts to their study practices.

MAKING LIFE CHOICES
The Psychology of Personal and Interpersonal Growth
Edited by Steven L. Berman
Sep 2019 404pp
9781516590032 Paperback £123.00 / €143.00
Provides students with a collection of readings related to personal growth coupled with powerful activities to help them explore identity, pinpoint impediments to achieving their goals, build problem-solving skills, and work through individual challenges.

Salem Press

CAREERS IN PSYCHOLOGY
Edited by Laura Mars
Oct 2019 350pp
9781516593014 Hardback £125.00 / €144.00
Careers Series
Provides need-to-know data on the specifics of a variety of careers within the field of psychology.
American Psychological Association

**ACTIVITIES FOR TEACHING POSITIVE PSYCHOLOGY**

*A Guide for Instructors*
*Edited by Jeffrey J. Froh & Acacia Parks*
*2013 208pp*
*9781433812361 Paperback £38.95 / €45.00*

Positive psychology is a rapidly expanding area of study that is of great interest to students at the graduate, undergraduate, and high school levels. But the field is so broad that teachers who want to cover all the bases when designing a positive psychology course may have difficulty locating and selecting materials.

**DISPLAYING YOUR FINDINGS**

*Adelheid A. M. Nicol & Penny M. Pexman*
*2010 191pp*
*9781433807077 Paperback £22.50 / €26.00*

Provides essential guidance on creating figures that effectively present your findings. Included in this revised edition are tips and tricks for designing figures as well as numerous examples of figures that accompany fictional studies.

**PRESENTING YOUR FINDINGS**

*A Practical Guide for Creating Tables, Sixth Edition*
*Adelheid A. M. Nicol & Penny M. Pexman*
*2010 171pp*
*9781433807053 Paperback £22.50 / €26.00*

Provides invaluable guidance on the proper table format for a wide range of statistical analyses in an engaging and accessible format. It includes statistics commonly used in analyses to make the book as useful as possible for researchers and students. Each chapter is devoted to a different statistic and provides a variety of examples of how data could best be displayed.

**QUALITATIVE RESEARCH IN PSYCHOLOGY**

*Expanding Perspectives in Methodology and Design*
*Edited by Paul M. Camic, Jean E. Rhodes & Lucy Yardley*
*2003 315pp*
*9781557989796 Hardback £44.50 / €51.00*

The variety of innovative techniques and theoretical perspectives offered in this volume should challenge readers to think about and expand on their understanding of qualitative research and its continually emerging applications.

**WRITE IT UP**

*Practical Strategies for Writing and Publishing Journal Articles*
*Paul J. Silvia*
*2014 224pp*
*9781433818141 Paperback £22.50 / €26.00*

LifeTools: Books for the General Public

How do you write good research articles – articles that are interesting, compelling, and easy to understand? How do you write papers that influence the field instead of falling into obscurity? *Write It Up* offers a practical and revealing look at how productive researchers write strong articles. The book’s guiding idea is that academics should write to make an impact, not just to get something published.
COGNITIVE PSYCHOLOGY

American Psychological Association

THE COGNITIVE NEUROSCIENCE OF HUMOR
Shelia M. Kennison
Jun 2020 198pp
9781433832055 Paperback £54.95 / €64.00
Presents a rich overview of research on how the human brain works when processing humor, drawing on the new and sophisticated brain-imaging technologies that have enabled researchers and health professionals to expand their knowledge about how the brain works under different conditions.

Brookes Publishing Co.

ALL ABOUT LANGUAGE
Science, Theory, and Practice
Edited by Elena L. Grigorenko, Peggy McCordle & Yuri Shtyrov
Oct 2019 288pp
9781681253558 Hardback £86.95 / €100.00
Extraordinary Brain
What do we know about the development of language, and what research will improve diagnosis of disorders and ensure effective intervention? Explore the answers in this in-depth study of language, both typical and atypical language development, and the evolutionary, biological, sociocultural, and cognitive factors that affect literacy acquisition.

Cognella Academic Publishing

COGNITIVE PSYCHOLOGY
An Anthology of Theories, Applications, and Readings, Second Edition
Edited by Jeffrey Anastasi
Oct 2019 442pp
9781516532285 Paperback £153.00 / €177.00
Exposes students to the unique and influential viewpoints of authors and scholars who are currently conducting research related to cognition. The essays and readings introduce readers to a broad spectrum of topics related to cognitive psychology to provide them with a strong, foundational knowledge of current theories, applications, and attitudes.

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EXAMINING BIOLOGICAL FOUNDATIONS OF HUMAN BEHAVIOR
Edited by Barre Vijaya Prasad
Jan 2020 300pp
9781799828600 Hardback £269.00 / €314.00
A critical scholarly resource that provides comprehensive research on biological factors of behavior, structure of the brain, and intervention and treatment issues and methods.
THE ESSENTIALS OF CONDITIONING AND LEARNING
Fourth Edition
Michael Domjan
2017 376pp
9781433827785 Paperback £71.95 / €83.00
Now in its fourth edition, this classic textbook offers an introduction to learning and conditioning in a concise and accessible style, including the latest influential research findings and theoretical perspectives.

HALLUCINATIONS
The Science of Idiosyncratic Perception
André Aleman & Frank Larøi
2008 317pp, illustrations
9781433803116 Hardback £22.50 / €26.00
Reviews the research on the cognitive and neural bases of hallucinations and outline their unique neurobiology by drawing on evidence from brain imaging and neurotransmission studies.

THE ORIGIN OF MIND
Evolution of Brain, Cognition, and General Intelligence
David C. Geary
2004 459pp, illustrations
9781591471813 Hardback £22.50 / €26.00
This groundbreaking book sets out a comprehensive, integrated theory of why and how the human mind has developed to function as it does.

MANAGING BEHAVIORAL ISSUES IN CHILD CARE AND SCHOOLS
A Quick Reference Guide
Edited by Mary Margaret Gleason & Allison Boothe Trigg
May 2020 200pp
9781610023702 Paperback £64.95 / €75.00
Provides child care directors, teachers, and caregivers with essential information on managing emotional and behavioural issues in group care settings. Topics covered include social-emotional development, biting, nappping difficulties, post-traumatic stress disorder, gender development, self-stimulation behaviours, and more.

ADVERSE AND PROTECTIVE CHILDHOOD EXPERIENCES
A Developmental Perspective
Jennifer Hays-Grudo & Amanda Sheffield Morris
Mar 2020 223pp
9781433832116 Paperback £54.95 / €64.00
By integrating existing knowledge about diverse childhood experiences with developmental research on preventing, buffering, and treating the effects of adversity, stress, and trauma on child development and subsequent health and functioning, this book identifies the most important positive childhood experiences.

CONFRONTING INEQUALITY
How Policies and Practices Shape Children's Opportunities
Edited by Laura Tach, Rachel Dunifon & Douglas Miller
May 2020 231pp
9781433832666 Paperback £54.95 / €64.00
APA Bronfenbrenner Series on the Ecology of Human Development
In this era of increasing economic and social inequality, more and more children are being denied their fair chance at life. This book examines the impact of inequality on children’s health and education, and offers a blueprint for addressing the impact of inequality among children in economic, sociological, and psychological domains.
ENDING THE PHYSICAL PUNISHMENT OF CHILDREN
A Guide for Clinicians and Practitioners
Edited by Elizabeth T. Gershoff & Shawna L. Lee
Nov 2019 189pp, 5 figures, 7 tables
9781433831140 Paperback £71.95 / €83.00

Although many parents use spankings and other forms of corporal punishment to discipline their children, research shows that the practice harms children and is ineffective at changing their behaviour. This book presents 15 effective interventions designed to prevent and stop parents from physically punishing their children.

Brookes Publishing Co.

REFLECTIVE PRACTICE IN CHILD AND YOUTH CARE
A Manual
Donicka Budd
Oct 2019 350pp
9781773381398 Paperback £64.95 / €76.00

Addresses the need for distinct models of reflective practice across all Child and Youth Care (CYC) sectors. This seminal work contextualises the history of reflective practice and provides readers with the necessary tools to develop their own approach to reflective practice.

Central Recovery Press

MEASURE OF ENGAGEMENT, INDEPENDENCE, AND SOCIAL RELATIONSHIPS (MEISR™)
R.A. McWilliam & Naomi Younggren
Oct 2019

Tool
Oct 2019 32pp
9781598576429 Forms £32.95 / €38.00

Manual
Nov 2019 290pp
9781598576412 Paperback 290pp £43.50 / €50.00

Complete Set
Nov 2019 218pp
9781681753459 Paperback – Forms £76.50 / €88.00

Young children grow and learn when they participate fully in everyday routines and activities. Assess this critical dimension of child development with the MEISR™, an easy-to-use tool for creating a snapshot of the functional behaviours of children from birth to three years of age. MEISR™ helps build an understanding of a child’s engagement, independence, and social relationships within the context of 14 common family routines. Completed by caregivers and easy to use with them during home visits.

Cognella Academic Publishing

21ST CENTURY PARENTING
A Guide to Raising Emotionally Resilient Children in an Unstable World
Rick Capaldi
Aug 2019 256pp
9781949481006 Paperback £17.50 / €20.00

Gives a new twist on the original three Rs. Parents will learn how to steer their children toward emotional stability and success using the new three Rs - Reading, Regulating, and Redirecting - reading their child’s environment, regulating their child’s emotional temperature, and redirecting their child’s behaviour.

Cognella Academic Publishing

ADOLESCENT DEVELOPMENT
Ages Nine to Nineteen
Edited by Kelli Jette
Jul 2019 436pp
9781516593422 Paperback £129.00 / €150.00

Featuring focused material and contemporary research, Adolescent Development: Ages Nine to Nineteen introduces readers to issues that affect the daily lives of tweens and teens. The anthology focuses on three key constructs that require special attention for youths in this age group: the physical, the psychological, and the social.
**AUTHENTIC CASE STUDIES**

*Adolescence to Emerging Adulthood*
Kelli Jette  
Jul 2019 220pp  
9781516595433 Paperback £63.50 / €73.00

Provides future educators and practitioners with a comprehensive and diverse collection of case studies that document a variety of challenges faced by at-risk youth. The case studies reflect the lived experiences of hundreds of individuals, relayed in their own voices.

*Magination Press*  

**TRANS**

*Love, Sex, Romance, and Being You*
Karen Rayne & Kathryn Gonzales  
Oct 2019 304pp  
9781433829833 Hardback £18.95 / €22.00

Gender is hard. Especially for teens who might not identify with stereotypical ideas of gender and sexual identity. Trans is an all-inclusive, uncensored guide for teens who are transgender, non-binary, gender-nonconforming, gender-fluid, queer, or questioning their sexual and gender identity.

**BESTSELLERS**

*American Psychological Association*

**HOW ANIMALS AFFECT US**

*Examining the Influences of Human-Animal Interaction on Child Development and Human Health*
Edited by Peggy McCordle et al  
2010 240pp  
9781433808654 Hardback £44.50 / €51.00

This volume deepens our understanding of human and animal behaviour, including the impact that pets can have on children’s development and the efficacy of animal-assisted therapies. It first addresses HAI research methodology; then summarizes the progress of HAI research in child development and human health; and ends with a detailed agenda for future research.

**INVESTIGATIVE INTERVIEWS OF CHILDREN**

*How Children and Contexts Shape Each Other*
Edited by Arnold Sameroff  
2009 290pp  
9781433804670 Hardback £54.95 / €64.00

Although scientists have acknowledged that nature and nurture work together in producing particular developmental outcomes, such cooperation has been difficult to demonstrate because of inadequate conceptual models or statistical methodologies. This book documents the research in developmental psychology for overcoming these inadequacies.

*Brookes Publishing Co.*

**AUTISM SPECTRUM DISORDERS**

*A Transactional Developmental Perspective*
Amy M. Wetherby & Barry M. Prizant  
2000 432pp  
9781557664457 Hardback £54.50 / €63.00

Communication & Language Intervention

Offers an overview of the communication, language, social, and behavioral issues characteristic of autism spectrum disorders (ASD). It is useful to speech-language pathologists, clinicians, early interventionists, psychologists, and educators.

**UNDERSTANDING NEWBORN BEHAVIOR & EARLY RELATIONSHIPS**

*The Newborn Behavioral Observations (NBO) System Handbook*
J. Kevin Nugent et al  
2007 280pp  
9781557668837 Paperback £54.95 / €62.00

This book presents the NBO system, its content and uses, the theoretical framework on which it is based, and a set of guidelines.
ASPERGER’S RULES!
How To Make Sense of School and Friends
Blythe Grossberg
2012 128pp, colour illustrations
9781433811272 Paperback £8.95 / €10.00
Packed full of information, this book covers common school situations and the uncommon challenges that they can present to a child with Asperger’s. They will find the how-to for understanding and communicating with peers and teachers, standing up for and taking care of themselves, setting realistic goals, and making friends.

PUTTING ON THE BRAKES
Understanding and Taking Control of Your ADD or ADHD, Third Edition
Patricia O. Quinn & Judith M. Stern
2012 112pp, b&w illustrations
9781433811340 Paperback £11.50 / €13.00
Completely updated and expanded, this new third edition continues to be the go-to resource for children with AD/HD. This essential guide is loaded with practical ways to improve organisation, focus, attention, time management, and scheduling, as well as studying and homework skills. Importantly, children will also find strategies for making friends, controlling emotions, and being healthy.

UNDERSTANDING MYSELF
A Kid’s Guide to Intense Emotions and Strong Feelings
Mary Lamia
2010 96pp, colour illustrations
9781433808906 Paperback £11.50 / €13.00
Chock-full of cool psychology and info on emotions, real-life stories from kids, interesting facts, and feeling quizzes, Understanding Myself will help you notice just what all your emotions and feelings are telling you about yourself, your friends, and your family.

WHAT WORKS WHEN WITH CHILDREN AND ADOLESCENTS
A Handbook of Individual Counseling Techniques
Ann Vernon
2002 344pp
9780878226146 Paperback £49.95 / €58.00
Offers over 100 creative activities and effective interventions for individual counselling with children and adolescents (ages 6-18). The activities include stories, songs, games, worksheets, role plays, and other strategies that address problems, such as anger, anxiety/worry, depression, underachievement, procrastination, perfectionism, self-doubting, and acting out.

MORE WHAT WORKS WHEN WITH CHILDREN AND ADOLESCENTS
A Handbook of Individual Counseling Techniques
Ann Vernon
2006 384pp
9780878226146 Paperback £49.95 / €58.00
A companion manual to the author’s bestselling, What Works When with Children and Adolescents. This second volume provides additional creative counselling strategies, expanded coverage of developmental applications, and over 80 entirely new interventions. This book addresses both internalizing and externalizing disorders, and self-defeating behaviours.

CHILDREN’S SPECIAL PLACES
Exploring the Role of Forts, Dens and Bush Houses in Middle Childhood
David Sobel
2002 176pp, 8 illustrations
9780814330265 Paperback £29.95 / €35.00
Child and the City
This text reveals the importance of private places to children’s development and emotional health from the ages of five to twelve. It shows educators, parents and other adults how they can foster a bond between young people and nature that is important to maturation.
HEALTHY DEVELOPMENT IN YOUNG CHILDREN
Evidence-Based Interventions for Early Education
Edited by Vincent C. Alfonso & George DuPaul
Jun 2020 333pp
9781433832314 Paperback £44.50 / €51.00
This book shows experienced educators and mental health practitioners who work with young children (2-5 years of age) how to implement programs and interventions based on the latest scientific research in day care centers, preschools, special education settings, and kindergartens.

PROMOTING MIND–BODY HEALTH IN SCHOOLS
Interventions for Mental Health Professionals
Edited by Cheryl Maykel & Melissa A. Bray
Oct 2019 380pp, 8 tables, 7 figures
9781433830549 Hardback £54.95 / €64.00
Division 16: Applying Psychology in the Schools
Many students today struggle with stress and anxiety caused by increasing academic, social, and extracurricular demands. This book provides guidelines for improving students’ mental and physical wellbeing, which in turn leads to improved academic performance and happier, better-adjusted students.

MENTAL HEALTH IN OUR SCHOOLS
An Applied Collaborative Approach to Working with Students and Families
Jessica Russo, Yvonne Culver & Jessica Henry
Oct 2019 218pp
9781516592098 Paperback £94.95 / €109.00
Offers practical strategies for school personnel to work collaboratively in addressing the mental health needs of students. This book examines four primary mental health disorders often seen in children and adolescents. Readers learn the signs and symptoms of these disorders, their risk factors, and their neurological components.

ANALYZING PARADIGMS USED IN EDUCATION AND EDUCATIONAL PSYCHOLOGY
Edited by Victoria Trif
Dec 2019 360pp
9781799814276 Hardback £184.00 / €215.00
Discusses sophisticated paradigms from academic narratives and educational realities. Featuring a range of topics such as classroom management, lifelong education, and theology, this book is aimed at researchers, teachers, educational psychologists, education professionals, administrators, academics, practitioners, and students.

CONTEMPLATIVE PEDAGOGIES FOR TRANSFORMATIVE TEACHING, LEARNING, AND BEING
Edited by Jing Lin, Tom Culham & Sachi Edwards
Oct 2019 368pp
9781641137805 Paperback £49.95 / €58.00
9781641137812 Hardback £93.50 / €107.00
Transforming Education for the Future
Describes educational endeavours in various settings that use contemplative pedagogies to enable students to achieve deep learning, peace, tranquillity, equanimity, and wisdom to gain new understanding about self and life, and to grow holistically.

SKILLSTREAMING IN EARLY CHILDHOOD
Lesson Plans and Activities
Ellen McGinnis & Shawnda K. Goerish
Oct 2019 232pp
9780878227228 Paperback £67.50 / €78.00
An engaging skill-building component designed to supplement the curriculum of the highly interactive Skillstreaming in Early Childhood programme. It provides a comprehensive resource that instructors and school counsellors can use to help children move successfully from skill introduction to confident mastery in real life social situations.
Focuses on dyslexia, its spread, its seriousness, and counselling those affected. This book also discusses the meaning of dyslexia, additional conditions, spectrum deficits, integration of sensory organs, and child development.

Providing content that is conveniently embedded within current school-based delivery models, this text delivers a workbook of effective, easily applied cognitive-behavioral counselling strategies focused on helping children and adolescents with common mental health issues.

Focuses on actions that teachers can take to facilitate learning for students facing trauma. Identifying positive, connected teacher-student relationships as foundational, the authors offer direction for creating an emotionally safe classroom environment in which students find a refuge and a space in which to process events.
SKILLSTREAMING THE ELEMENTARY SCHOOL CHILD, PROGRAM BOOK
Ellen McGinnis
2011 318pp
978082295559 Paperback + CD £49.95 / €58.00
Employs a four-part training approach - modelling, role-playing, performance feedback, and generalization - to teach essential prosocial skills to elementary school students. This book provides a complete description of the Skillstreaming programme, with instructions for teaching 60 prosocial skills.

SKILLSTREAMING THE ADOLESCENT, PROGRAM BOOK
Ellen McGinnis et al
2011 354pp
978082295535 Paperback + CD £49.95 / €58.00
Employs a four-part training approach - modelling, role-playing, performance feedback, and generalization - to teach essential prosocial skills to adolescents. This book provides a complete description of the Skillstreaming programme, with instructions for teaching 50 prosocial skills.

Teachers College Press

TRAUMA-SENSITIVE SCHOOLS FOR THE ADOLESCENT YEARS
Promoting Resiliency and Healing, 6-12
Susan E. Craig
Foreword by Jim Sporleder
2017 176pp
9780807758250 Paperback £32.95 / €38.00
Susan Craig provides secondary school teachers and administrators with practical ideas for how to improve students' achievement by implementing a trauma-sensitive approach to instruction.

FORENSIC PSYCHOLOGY
American Psychological Association

CRIMINALITY IN CONTEXT
The Psychological Foundations of Criminal Justice Reform
Craig Haney
Jan 2020 318pp
9781433831423 Paperback £44.50 / €51.00
Psychology, Crime, and Justice
Based on a comprehensive review and analysis of the research, Craig Haney offers a carefully framed and psychologically based blueprint for making the criminal justice system fairer, with strategies to reduce crime through proactive prevention instead of reactive punishment.

ETHICAL PRACTICE IN FORENSIC PSYCHOLOGY
A Guide for Mental Health Professionals, Second Edition
Shane S. Bush, Mary A. Connell & Robert L. Denney
Dec 2019 188pp
9781433831171 Paperback £77.50 / €89.00
Presents a practical, systematic decision-making model based on positive ethics that practitioners can use to address conflicting roles and responsibilities, balance competing ethical and legal requirements, and maintain high standards of ethical practice and professional competence.
RAMPAGE SCHOOL SHOOTINGS
Why They Occur and How to Prevent Them
Philip Mongan
Jul 2019 246pp
9781516542154 Paperback £49.95 / €58.00
Sheds light on the complex issue of school shootings and offers research-based solutions for proactive prevention. The text focuses on understanding why school shooters commit acts of violence, encouraging readers to not only understand how to effectively assess an individual who poses a threat, but why they came to be a threat in the first place.

ASSESSING CAPACITIES OF OLDER ADULTS
A Casebook to Guide Difficult Decisions
Edited by Jennifer Moye
Mar 2020 326pp
9781433831546 Paperback £66.50 / €77.00
Demonstrates how to address practical and ethical challenges when assessing older adults with neurocognitive disorders, like dementia. The contributors are expert clinicians who draw on real life experiences conducting clinical capacity assessments in civil matters, illustrating best practices.

MAKING GOOD
How Ex-Convicts Reform and Rebuild Their Lives
Shadd Maruna
2007 211pp
9781433802140 Paperback £27.95 / €32.00
Can hardened criminals really reform? This book provides a narrative analysis of the lives of repeat offenders who, by all statistical measures, should have continued on the criminal path but instead have created lives of productivity and purpose.

ASSESSMENT AND TREATMENT OF OLDER ADULTS
A Guide for Mental Health Professionals
Gregory A. Hinrichsen
Aug 2019 248pp, 4 figures
9781433831102 Paperback £54.95 / €64.00
Shows mental health providers how to expand their practice in order to treat older adults. Chapters describe tools and techniques for assessing and treating common conditions that practitioners encounter when working with older adults, including depression, anxiety, cognitive impairment, and prescription drug misuse.

THE PSYCHOLOGY OF LATER LIFE
A Contextual Perspective
Manfred Diehl & Hans-Werner Wahl
Apr 2020 253pp
9781433831652 Paperback £66.50 / €77.00
Renowned experts in adult development and aging, Manfred Diehl and Hans-Werner Wahl synthesize decades of psychological research into a comprehensive volume that considers later life in the context of lifespan development, social and physical environmental factors, and historical-cultural influences.
DISRUPTING THE STATUS QUO OF SENIOR LIVING
A Mindshift
Jill Vitale-Aussem
Aug 2019 184pp
9781938870828 Paperback £34.95 / €40.00
Challenges readers to question long-accepted practices, examine their own biases, and work toward creating vibrant cultures of possibility and growth for elders.

GLOBAL AGING
Comparative Perspectives on Aging and the Life Course, Second Edition
Frank J. Whittington, Suzanne R. Kunkel & Kate De Medeiros
Dec 2019 398pp
9780826162533 Paperback £107.00 / €124.00
Written by leading scholars, this text on global aging is distinguished by its perspective on universal similarities and sociocultural differences across nations. This second edition presents coverage of topics in social gerontology, and expands its treatment of health behaviour, health care, families, caregiving, older workers, and retirement.

HEALTH PROMOTION AND AGING
Practical Applications for Health Professionals, Eighth Edition
David Haber
Aug 2019 504pp, 45 illustrations
9780826184924 Paperback £125.00 / €143.00
Promotes healthy aging by demonstrating how health practitioners, program developers, and policymakers can prevent or manage disease and make large-scale improvements toward health and wellness in the older adult population.

INTRODUCTION TO AGING
A Positive, Interdisciplinary Approach, Second Edition
Judith A. Sugar
Jul 2019 320pp
9780826162939 Paperback £103.00 / €119.00
Provides an interdisciplinary perspective on the wide variety of subject areas within gerontology, and combines research with engrossing narratives, new trends, and controversial topics.

HEALTH PSYCHOLOGY
PSYCHOLOGICAL TREATMENT OF PATIENTS WITH CHRONIC RESPIRATORY DISEASE
Susan Labott
Jul 2020 152pp
9781433832246 Paperback £61.50 / €70.00
Clinical Health Psychology
This concise primer shows clinical health psychologists how to assess and treat adults suffering from chronic respiratory disease. It provides basic medical information for practitioners, especially those performing in outpatient settings who may be unfamiliar with these conditions, and gives psychologists clear, practical answers.

CLINICAL HEALTH PSYCHOLOGY
Integrating Medical Information for Improved Treatment Outcomes
Amy Wachholtz
Oct 2019 396pp
9781516537013 Paperback £107.00 / €124.00
Innovative in approach and filling a gap in the current literature for mental health practice, Clinical Health Psychology effectively marries research in medical science, neuropsychology, and clinical health psychology to provide cutting-edge, medically informed approaches to clinical health psychology treatment.

AUTGENIC TRAINING
A Mind-Body Approach to the Treatment of Chronic Pain Syndrome and Stress-Related Disorders, Third Edition
Micah R. Sadigh
Aug 2019 214pp
9781476677514 Paperback £43.50 / €50.00
AutoGenesis Health Topics
Autogenic training equips patients to deal with chronic conditions such as anxiety disorders, recurring pain and stress. This expanded edition presents practitioners with a concise exploration of autogenic technique and its clinical use for patients, especially in treating those suffering from chronic pain syndrome and disrupted sleep.
CONSULTATION IN PSYCHOLOGY
A Competency-Based Approach
Edited by Carol A. Falender & Edward P. Shafranske
Oct 2019 344pp, 7 tables
9781433830907 Paperback £66.50 / €77.00
Increasingly, psychologists are being enlisted to provide consultation in clinical, health, corporate, and community settings, although many have received only minimal training in consultation. This volume provides a comprehensive foundation to develop or enhance consultation practice.

CONSULTING PSYCHOLOGY IN NATIONAL SECURITY ORGANIZATIONS
Laurie B. Moret & Carroll H. Greene
Jan 2019 175pp
9781433830051 Paperback £44.50 / €51.00
Fundamentals of Consulting Psychology
Explores the opportunities that await psychologists in national security settings. The authors are experienced consulting psychologists who provide a richly detailed introduction for psychologists and graduate students. Their insider knowledge offers a glimpse into the workplace culture and group dynamics of national security organisations.

TOTAL WORKER HEALTH
Edited by Heidi L. Hudson et al
Aug 2019 293pp, 12 figures, 14 tables
9781433830259 Hardback £77.50 / €89.00
The Total Worker Health program targets policies, programs, and practices that address worker safety and health in the physical and organisational work environment, as well as outside the workplace. Chapters in this book cover organisational approaches for program implementation, and offer examples of applications for diverse worker populations.

EXECUTIVE COACHING
Developing Managerial Wisdom in a World of Chaos
Richard Kilburg
2000 253pp
9781557986481 Hardback £33.50 / €38.00
This text was written to help organizational consultants understand the pressures and psychodynamic problems that can influence executive behaviour and performance. It shows how methods and techniques developed in clinical settings can be applied in efforts to coach executives and management teams.

Cognella Academic Publishing

LEARNING GROUP LEADERSHIP
An Experiential Approach, Fourth Edition
Matt Englar-Carlson & Jeffrey A. Kottler
Jul 2019 524pp
9781516526505 Paperback £133.00 / €155.00
Presents readers with the basic information, theory, concepts, research, interventions, and guidelines required to help them develop into effective group leaders within a variety of settings. The book employs an experiential approach, encouraging readers to apply what they learn to common scenarios in their personal and professional lives.

BESTSELLERS

American Psychological Association
**ASPERGER’S ON THE JOB**

Must-Have Advice for People with Asperger’s or High Functioning Autism and their Employers, Educators and Advocates

Rudy Simone

2010 156pp
9781935274094 Paperback £19.95 / €24.00

Up to 85% of the Asperger’s population are without full-time employment, though many have above-average intelligence. Rudy Simone, an adult with Asperger’s Syndrome and an accomplished author, consultant, and musician, created this insightful resource to help employers, educators, and therapists accommodate this growing population, and to help people with Asperger’s find and keep gainful employment.

Springer Publishing Company

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**THE PSYCHOLOGY OF ENHANCING HUMAN PERFORMANCE**

The Mindfulness-Acceptance-Commitment Approach

Frank L. Gardner & Zella E. Moore

2007 264pp, illustrations
9780826102607 Paperback £86.50 / €99.00

Provides the practitioner with a way of thinking about both the relationship between one’s inner experiences and high-level human performance, and the ways that professionals can influence that relationship. This work includes the theoretical, empirical, and practical tools necessary for using the Mindfulness-Acceptance-Commitment program.

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**400 FRIENDS AND NO ONE TO CALL**

Breaking through Isolation and Building Community

Val Walker

Mar 2020 240pp
9781949481242 Paperback £17.50 / €20.00

Spells out the how-tos for befriending our wider community, building a social safety net, and fostering our sense of belonging. On a deeper level, we are invited to befrend our loneliness, rather than feel ashamed of it, and open our hearts and minds to others trapped in isolation.

Central Recovery Press
Suggests that fruitful living is extremely hard work and that social harmony requires the unlocking and the emancipation of the human brain. The authors strongly encourage academic and practitioner psychologists, as well as other students and social scientists, to join a timely framed narrative for greater progress in diversity.

The book provides a scrupulous account that overturns many commonplace notions about how we can best detect lies and falsehoods.

Across a host of issues such as the advent of fake news, climate-science denial, and Bernie Madoff's appeal to investors, people can be astonishingly gullible. This book provides a scrupulous account that overturns many commonplace notions about how we can best detect lies and falsehoods.

This book examines the impact of ubiquitous information technology, with discussions about what makes these technologies so addictive, and their effect on emotional well-being, memory, learning, driving, and cognitive reserves.

Provides an overview of LGBTQ mental health in non-Western countries or regions. Chapters focus on the cultural, social, legal, political, and psychological experiences of various LGBTQ subpopulations in Peru, Colombia, Ecuador, Jamaica, Russia, Mongolia, India, Malaysia, Thailand, and sub-Saharan Africa.
LIBERATION PSYCHOLOGY
Theory, Method, Practice, and Social Justice
Edited by Lillian Comas-Díaz & Edil Torres Rivera
Jul 2020 301pp
9781433832086 Paperback
£66.50 / €77.00
Cultural, Racial, and Ethnic Psychology
Guides readers through the origins, development, and key concepts of liberation psychology; its methods, including participatory action research; its manifestation in clinical practice; its potential future applications; and its relation to social activism and social justice movements.

PERSPECTIVES ON HATE
How It Originates, Develops, Manifests, and Spreads
Edited by Robert J. Sternberg
May 2020 311pp
9781433831539 Paperback £77.50 / €89.00
With hate crimes on the rise, it is more important than ever to understand how hate originates, develops, manifests, and spreads - and how it can be counteracted. In this book, renowned psychologist Robert J. Sternberg assembles a diverse group of experts to examine these central issues from the perspectives of multiple disciplines.

THE PSYCHOLOGY OF GROUPS
The Intersection of Social Psychology and Psychotherapy Research
Edited by Craig D. Parks & Giorgio A. Tasca
Jul 2020 277pp
9781433831805 Paperback £66.50 / €77.00
Features expert contributors who examine the interface between social or organizational research on groups and clinical research, as well as the application of findings in each area.

THE PSYCHOLOGY OF PREJUDICE
From Attitudes to Social Action, Second Edition
Lynne M. Jackson
Dec 2019 249pp
9781433831485 Paperback £77.50 / €89.00
For further details, see page 17.

TRANSNATIONAL PSYCHOLOGY OF WOMEN
Expanding International and Intersectional Approaches
Edited by Lynn H. Collins, Sayaka Machizawa & Joy K. Rice
Aug 2019 249pp
9781433830693 Hardback £77.50 / €89.00
Psychology of Women
Presents groundbreaking scholarship on new approaches to women’s psychology. Chapters explain how transnational perspectives can address a range of topics including human trafficking, sexuality, migration, human rights, healing, empowerment, domestic violence, education, and work.

CONSUMER SCIENCE FOR MARKETING
Nadia Olivero
Jan 2020 196pp
9788885486744 Paperback £34.95 / €41.00
Considers the main topics of consumer psychology from the viewpoint of their contributions to marketing. While the book provides a comprehensive overview of the discipline it also guides the reader through theories and data for a straightforward understanding of their practical applications.

400 FRIENDS AND NO ONE TO CALL
Breaking through Isolation and Building Community
Val Walker
Mar 2020 240pp
9781949481242 Paperback £17.50 / €20.00
For further details, see page 17.

FACING DEATH, FACING ONESELF
An Exploration on Living
Francis D. Degnin
Oct 2019 392pp
9781516519330 Paperback £92.95 / €107.00
Explores what different traditions, mythologies, religions, and academic disciplines have to suggest about what facing death teaches us about living and ourselves.
INTRODUCTION TO SOCIAL PSYCHOLOGY
Edited by Robin Kowalski & Ceren Günsoy
Jul 2019 372pp
9781516580880 Paperback £113.00 / €131.00
Provides students with a thought-provoking and engaging collection of readings that address the foundational principles and concepts of social psychology.

THE PSYCHOLOGY OF SUSTAINABILITY
Understanding the Relationship Between Self and Earth
Edited by Ron L. Chandler
Aug 2019 324pp
9781516549085 Paperback £99.95 / €115.00
Presents students with insight to the applicability of psychological concepts for holistically resolving sustainability problems.

THE PSYCHOLOGY AND DYNAMICS BEHIND SOCIAL MEDIA INTERACTIONS
Edited by Malinda Desjarlais
Jul 2019 300pp
9781522594123 Hardback £184.00 / €215.00
Enhances the understanding of current research regarding the antecedents to social media use and problematic use, effects of use for identity formation, mental and physical health, and relationships.

CULTURAL ANXIETIES
Managing Migrant Suffering in France
Stéphanie Larchanché
Mar 2020 228pp
9780813595375 Paperback £29.95 / €35.00
9780813595382 Hardback £99.00 / €119.00
Medical Anthropology
A gripping ethnography about Centre Minkowska, a transcultural psychiatry clinic in Paris, France. From her unique position as both observer and staff member, anthropologist Stéphanie Larchanché explores the challenges of providing non-stigmatizing mental healthcare to migrants.

WHEN GETTING ALONG IS NOT ENOUGH
Reconstructing Race in Our Lives and Relationships
Maureen Walker
Nov 2019 168pp
9780807763377 Paperback £34.95 / €40.00
9780807763384 Hardback £104.00 / €120.00
Using anecdotes from her practice as a licensed psychologist and as an African American growing up in the South, Walker provides a way for educators and social service professionals to enter into cross-racial discussions about race and race relations. She identifies three essential relational skills for personal transformation and cultural healing.

THE ARCHITECTURE OF GOOD BEHAVIOR
Psychology and Modern Institutional Design in Postwar America
Joy Knoblauch
Mar 2020 320pp, 85 b&w illustrations
9780822945734 Hardback £59.95 / €69.00
Culture Politics & the Built Environment
Explores psychological functionalism as a political tool and the architectural projects funded by a postwar nation in its efforts to govern, exert control over, and ultimately pacify its patients, prisoners, and residents.

COMICS, TRAUMA, AND THE NEW ART OF WAR
Harriet E. H. Earle
Nov 2019 246pp, 14 b&w illustrations
9781496825636 Paperback £31.50 / €35.00
Focusing on representations of conflict in American comics after the Vietnam War, Harriet Earle claims that the comics form is uniquely able to show traumatic experience by representing events as viscerally as possible.
THE WORLD LOOKS LIKE THIS FROM HERE
Thoughts on African Psychology
Kopano Ratele
Oct 2019 248pp
9781776143900 Paperback £29.95 / €35.00
A lyrical, philosophical and poetic treatise on practising African psychology in a decolonised world view. Employing a style common in philosophy but rarely used in psychology, the book offers thoughts about the ideas, contestation, urgency and desire around a psychological praxis in Africa for Africans.

BESTSELLERS

American Psychological Association

HANDBOOK OF BEREAVEMENT RESEARCH
Consequences, Coping and Care
Edited by Margaret S. Stroebe et al
2001 688pp
9781557987365 Hardback £22.50 / €26.00
Examines contemporary approaches to bereavement, examining both normal adaptation and complicated manifestations of grief.

SENSATION SEEKING AND RISKY BEHAVIOR
Marvin Zuckerman
2006 320pp, Illustrations
9781591477389 Hardback £22.50 / €26.00
Offers a comprehensive view of the role of sensation seeking in a range of behaviors, from risky driving and sports through substance use, sex, and crime or other antisocial behaviors.

Hampton Press

CREATING CONVERSATIONS
Performance in Everyday Life
Edited by Keith Sawyer
2002 272pp, illustrations
9781572733305 Paperback £26.95 / €31.00
Perspectives on Creativity Research
Conversation is one of those everyday, common sense abilities that we can all do without thinking. But paradoxically, understanding how conversation works is a problem for scientists. This text explores this paradox: how can conversation be so difficult, and at the same time come to us so naturally?

Magination Press

THIS DAY IN JUNE
Gayle E. Pitman
Illustrated by Kristyna Litten
2014 32pp
9781433816598 Paperback £11.50 / €13.00
In a wildly whimsical, validating, and exuberant reflection of the LGBT community, This Day In June welcomes readers to experience a pride celebration and share in a day when we are all united. Also included is a Reading Guide chock-full of facts about LGBT history and culture, as well as a “Note to Parents and Caregivers” with information on how to talk to children about sexual orientation and gender identity in age-appropriate ways.

University of Michigan Press

THE PSYCHOLOGICAL ASSESSMENT OF POLITICAL LEADERS
With Profiles of Saddam Hussein and Bill Clinton
Jerrold M. Post
2005 480pp
9780472068388 Paperback £33.50 / €39.00
Observations from political psychology, psycholinguistics and a range of other disciplines join forces to produce comprehensive political and psychological profiles, and a deeper understanding of the volatile influences of personality on global affairs.
HIGHLIGHT

DIALECTICAL BEHAVIOR THERAPY

Alexander L. Chapman & Katherine L. Dixon Gordon
Mar 2020 | 167pp
9781433831454 Paperback £49.95 / €57.00
Theories of Psychotherapy Series®
Reviews the theoretical underpinnings and practice of dialectical behaviour therapy (DBT), a treatment developed by Marsha Linehan to treat borderline personality disorder. DBT has proven to be effective with a range of mental health problems, including self-harm, suicidality, substance abuse, and eating disorders that are often difficult to treat.
American Psychological Association

HIGHLIGHT

HELPING SKILLS

Facilitating Exploration, Insight, and Action, Fifth Edition
Clara E. Hill
Aug 2019 | 485pp, 57 exhibits, 5 figures
9781433831379 Paperback £88.95 / €102.00
Presents an updated model of essential helping skills for undergraduate and first year graduate students. This book synthesizes the author’s extensive clinical and classroom experience into an easy to read guide to the helping process.
American Psychological Association

ALTERNATIVE THERAPIES FOR PTSD

Robert W. Motta
Jul 2020 | 178pp
9781433832208 Paperback £59.95 / €70.00
Summarizes what is known - as well as what is still unknown, or unproven - regarding the use and clinical effectiveness of non-traditional treatments for PTSD including mindfulness meditation, yoga, acupuncture, animal-assisted therapies, and MDMA-ecstasy. Includes clinical vignettes and insights derived from the author’s experience.

BETTER RESULTS

Using Deliberate Practice to Improve Therapeutic Effectiveness
Scott D. Miller, Mark A. Hubble & Daryl Chow
May 2020 | 209pp
9781433831904 Paperback £54.95 / €64.00
Deliberate practice is a systematic approach for improving psychotherapy outcomes one clinician at a time. This step-by-step guide to deliberate practice demonstrates how to collect and use client outcome data to create an individualized professional development plan to improve the quality of your service.

BRIEF STRATEGIC FAMILY THERAPY

José Szapocznik & Olga Hervis
Jan 2020 | 223pp, extensive clinical case descriptions; 8 figures, 3 tables, one checklist
9781433831706 Paperback £49.95 / €57.00
A clinical guide that shows practitioners how to transform family interactions from conflictive to collaborative, from habitual to proactive, so that the love trapped behind the anger can flourish, and family members can rebond in loving and mutually caring relationships.
CLINICAL HANDBOOK OF FEAR AND ANXIETY

Maintenance Processes and Treatment Mechanisms
Edited by Jon Abramowitz & Shannon M. Blakey
Oct 2019 399pp, 12 figures, 26 tables
9781433830655 Hardback £99.95 / €115.00

Provides a comprehensive guide to the understanding and treatment of clinical anxiety and related disorders. As the editors demonstrate, the clear delineations implied by DSM and ICD diagnoses are illusory when it comes to real-life clinical anxiety.

COGNITIVE BEHAVIOR THERAPY FOR OCD IN YOUTH

A Step-by-Step Guide
Michael A. Tompkins et al
Dec 2019 287pp
9781433831850 Paperback £66.50 / €77.00

Provides mental health professionals with an adaptable, evidence-based model that uses cognitive behavior therapy to treat pediatric OCD. The authors present well-tested, empirically-validated strategies that encourage clinical flexibility and creativity.

CONTEXTUAL TRAUMA THERAPY

Overcoming Traumatization and Reaching Full Potential
Steven N. Gold
Apr 2020 284pp
9781433831997 Paperback £66.50 / €77.00

Weaves together clinical insights, research findings, a cohesive theoretical model, and a detailed account of how to implement the components of contextual trauma therapy, a form of treatment specifically designed for survivors of complex traumatization.

DIALECTICAL BEHAVIOR THERAPY

Alexander L. Chapman & Katherine L. Dixon-Gordon
Mar 2020 167pp, 10 tables, 1 figure
9781433831454 Paperback £49.95 / €57.00

This clinical manual describes how to use emotion focused family therapy, an exciting new psychotherapeutic approach in which caregivers play a pivotal role in their loved ones’ treatment.

EMOTION-FOCUSED FAMILY THERAPY

A Transdiagnostic Model for Caregiver-Focused Interventions
Adele Lafrance, Katherine A. Henderson & Shari Mayman
Oct 2019 179pp, 9 tables, 6 figures, 15 appendices
9781433830853 Paperback £54.95/ €64.00

Empathy is fundamental to therapeutic change. This text teaches students the clinical skills they will need as therapists to communicate empathy and help clients change. This second edition features new case studies, research, and clinical applications, and a streamlined presentation that better mirrors the process of mental health treatment.

EMPATHIC COUNSELING

Building Skills to Empower Change, Second Edition
Jeanne M. Slattery & Crystal L. Park
Jan 2020 310pp
9781433831225 Paperback £88.95 / €102.00

Empathy is fundamental to therapeutic change. This text teaches students the clinical skills they will need as therapists to communicate empathy and help clients change. This second edition features new case studies, research, and clinical applications, and a streamlined presentation that better mirrors the process of mental health treatment.
HELPING SKILLS
Facilitating Exploration, Insight, and Action, Fifth Edition
Clara E. Hill
Aug 2019 485pp, 57 exhibits, 5 figures
9781433831379 Paperback £88.95 / €102.00
For further details, see page 22.

INTEGRATIVE COUPLE AND FAMILY THERAPIES
Treatment Models for Complex Clinical Issues
Edited by Patricia J. Pitta & Corinne Datchi
Aug 2019 258pp
9781433830587 Hardback £77.50 / €89.00
Summarizes current scientific knowledge about the complex clinical problems that bring couples and families to treatment, and discusses integrative couple and family therapy models. Eleven detailed case conceptualizations illustrate how practitioners and therapists use integrative models to provide care for couples and families.

MENTAL HEALTH PRACTICE WITH IMMIGRANT AND REFUGEE YOUTH
A Socioecological Framework
B. Heidi Ellis, Saidi Abdi & Jeffrey P. Winer
Nov 2019 152pp, 6 figures, 2 tables
9781433831492 Paperback £33.50 / €38.00
Concise Guides on Trauma Care
Provides a framework to guide mental health providers who work with refugees and immigrants. The authors describe the unique needs and challenges of serving these populations, and offer concrete steps for providing evidence-based, culturally-responsive care.

MINDFULNESS-BASED INTERVENTIONS FOR TRAUMA AND ITS CONSEQUENCES
David J. Kearney & Tracy L. Simpson
Oct 2019 147pp
9781433830617 Paperback £49.95 / €57.00
Concise Guides on Trauma Care
Although many clinical treatments target symptoms of PTSD, an optimal treatment strategy would also address the many health problems that co-occur. To address this need, this book offers mindfulness based interventions.

MINDFULNESS-BASED PRACTICES IN THERAPY
A Cultural Humility Approach
Don Davis et al
Nov 2019 224pp, 3 figures, 6 exhibits
9781433831478 Paperback £66.50 / €77.00
Eastern spirituality has exerted considerable influence on the fields of counselling and psychology through the use of mindfulness-based practices. This book serves as a practical introduction to integrating mindfulness-based practices in therapy.

PSYCHOLOGICAL TREATMENT OF MEDICAL PATIENTS STRUGGLING WITH HARMFUL SUBSTANCE USE
Julie A. Schumacher & Daniel C. Williams
Oct 2019 165pp, includes assessment and interventions for co-morbid conditions
9781433830785 Paperback £61.50 / €70.00
Clinical Health Psychology
Clinical health psychologists often encounter patients needing interventions for substance use, yet rarely do practitioners receive specialized training in this area. This book is designed for mental health providers in medical settings who need the knowledge and skills to assess and treat conditions relevant to substance use.

PTSD CASEBOOK
Edited by Lynn F. Bufka, Caroline Vaile Wright & Raquel Halfond
May 2020 252pp
9781433832192 Paperback £54.95/ €64.00
Offers detailed guidance to help practitioners understand and implement the treatments recommended in the American Psychological Association’s Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder in Adults.
RELATIONAL SPIRITUALITY IN PSYCHOTHERAPY
Healing Suffering and Promoting Growth
Steven J. Sandage et al
Feb 2020 299pp, 25 illustrations
9781433831669 Paperback £66.50 / €72.00
Spiritual and existential struggles tell a story about the quality of clients’ lives, beyond what clinicians can learn from their mental health symptoms alone. This book presents the relational spirituality model (RSM) of psychotherapy, a creative clinical process that engages existential themes to help people make sense of profound suffering or trauma.

RETHINKING ADULT ADHD
Helping Clients Turn Intentions Into Actions
J. Russell Ramsay
Dec 2019 213pp
9781433831508 Paperback £49.95 / €57.00
Provides a first-of-its-kind exploration of the thoughts and beliefs of adults with ADHD and the role they play in psychosocial treatment. Dr. Ramsay summarizes emerging research on negative thoughts and beliefs in adults with ADHD, with a focus on escape-avoidance coping patterns.

SCREENING, BRIEF INTERVENTION, AND REFERRAL TO TREATMENT FOR SUBSTANCE USE
A Practitioner’s Guide
Edited by M. Dolores Cimini & Jessica L. Martin
May 2020 272pp
9781433832017 Paperback £54.95 / €64.00
Provides an introduction for psychologists to screening, brief intervention, and referral to treatment (SBIRT), an evidence-based approach to identifying and treating substance use across a variety of behavioral health care settings and client populations.

SUICIDE PREVENTION
An Ethically and Scientifically Informed Approach
Samuel J. Knapp
Oct 2019 247pp, 13 tables
9781433830808 Hardback £66.50 / €77.00
Guides readers through the full process of treating suicidal patients, from screening to relapse prevention, using effective, research-informed interventions. Sam Knapp explains suicidal behaviour through ideation to action theories of suicide, and argues for the application of principle based ethics when making treatment decisions.

THERAPIST PERFORMANCE UNDER PRESSURE
Negotiating Emotion, Difference, and Rupture
J. Christopher Muran & Catherine F. Eubanks
Mar 2020 200pp
9781433831911 Paperback £44.50 / €51.00
Therapists perform under pressure daily when encountering clients who arouse challenging emotions. J. Christopher Muran and Catherine Eubanks synthesize decades of clinical knowledge and experience to provide psychotherapists, supervisors, and trainees with strategies for assessing and repairing emotion-based ruptures.

DISENTANGLE
When You’ve Lost Your Self in Someone Else, Second Edition
Nancy L. Johnston
Jul 2020 256pp
9781949481204 Paperback £17.50 / €20.00
Presents an easy-to-follow method for changing the course of one’s relationships. Anyone who has struggled with balancing his or her own needs and desires with those of the “other” person will benefit from these easy-to-implement suggestions. Its format combines psychoeducation, anecdotes, clinical case vignettes, and skills-building exercises.

DON’T BE A DICK
Change Yourself, Change Your World
Mark B. Borg, Jr
Oct 2019 256pp
9781949481020 Paperback £17.50 / €20.00
Anyone, at any time, can slip into being a dick - and many do. Yet Don’t Be a Dick is especially for people who have noticed how their own behavior tends to backfire, leaving them feeling isolated or uncertain why their seemingly justified actions consistently have such poor results.
ANOTHER WAY... CHOOSING TO CHANGE
Facilitator Guide, Third Edition
Nada J. Yorke
Oct 2019 280pp
9781516581510 Paperback £24.95 / €29.90
A victim-centred, research-informed curriculum that addresses criminogenic risk and needs in order to achieve transformational learning and promote empathy building. The psychoeducational format helps practitioners lead groups through an innovative, highly relational, and skills-based batterer intervention programme.

ANOTHER WAY... CHOOSING TO CHANGE
Participant’s Handbook, Third Edition
Nada J. Yorke
Oct 2019 280pp
9781516581510 Paperback £24.95 / €29.90
Supports individuals as they progress through a facilitator-led, strengths-based, solution-focused batterer intervention programme. The handbook presents participants with an intentional and strategic collection of questions and exercises designed to support transformational learning and promote empathy building.

NARRATIVE SYSTEMS IN PSYCHOTHERAPY
An Integrative Approach to Individual, Couple, and Family Therapy
Geoffrey Buckley
Oct 2019 164pp
9781516580859 Paperback £64.95 / €76.00
Provides students with innovative research and insight to support their counselling practice with individuals, couples, and families. This book employs a narrative systems approach, encouraging readers to view psychotherapeutic theories as a collection of useful stories about human nature, human difficulties, and means of treatment.

REAL-WORLD COUPLE COUNSELING AND THERAPY
An Introductory Guide
Jerrold Lee Shapiro & Terrence Patterson
Oct 2019 398pp
9781516544332 Paperback £93.95 / €108.00
Provides practitioners with an inclusive exploration of the unique features, challenges, and opportunities of contemporary couple counselling.

WORKING WITH GRIEF AND TRAUMATIC LOSS
Theory, Practice, Personal Reflection, and Self-Care
Elisabeth Counselman Carpenter & Alex Redcay
Nov 2019 358pp
9781516542178 Paperback £83.50 / €97.00
Provides clinicians with a wide range of personal loss and grief examples from seasoned therapists while also considering grief through the lens of diverse cultural, religious, and theoretical perspectives. This unique text shares practicing clinicians’ personal journeys of loss in myriad forms.

CASES ON CROSS-CULTURAL COUNSELING STRATEGIES
Edited by Bonnie C. King & Tiffany A. Stewart
Oct 2019 300pp
9781799800224 Hardback £231.00 / €270.00
Explores creative healing approaches used by counsellors working with diverse clients in a variety of geographical locations, developmental levels, and complex and varied identities. Each case study applies the Multicultural and Social Justice Counseling Competencies to the counselling relationship.
TRANSFORMING TRAUMA
Resilience and Healing Through Our Connections With Animals
Philip Tedeschi & Molly Anne Jenkins
Aug 2019 490pp, 36 illustrations
9781557537959 Paperback £46.95 / €54.00
New Directions in the Human-Animal Bond

Focuses on research developments, models, and practical applications of human-animal connection and animal-assisted intervention for diverse populations who have experienced trauma. Physiological and psychological trauma are explored across three broad and interconnected domains.

Society Publishing

COUNSELLING CHILDREN & YOUNG PEOPLE
Aparna Raghvan
Nov 2019 290pp
9781774073308 Hardback £156.00 / €180.00

Introduces the process of counselling in young people and children, providing readers with a historical background and contemporary ideas concerning counselling. The book also discusses the various approaches in theory and practice, and throws light on the various skills needed in counselling.

PSYCHOTHERAPY & SPIRITUALITY
Aparna Raghvan
Nov 2019 290pp
9781774072011 Hardback £156.00 / €180.00

Discusses the concept and methodology of psychotherapy and spirituality. The book presents different aspects of psychotherapy, types of psychotherapy and techniques of psychotherapy, and their relation to spirituality.

Springer Publishing Company

CLINICAL MENTAL HEALTH COUNSELING
Practicing in Integrated Systems of Care
Lisa Lopez Levers & Debra Hyatt-Burkhart
Oct 2019 348pp
9780826131072 Paperback £87.50 / €100.00

Delivers an in-depth examination of the professional knowledge, skills, and current issues in professional counselling that are essential to clinical practice. The book emphasizes the elements of practice, while providing students with ample case studies that integrate theoretical concepts with real-world examples.

PRINCIPLES AND PRACTICE OF GRIEF COUNSELING
Third Edition
Darcy L. Harris & Howard R. Winokuer
Nov 2019 306pp
9780826173324 Paperback £76.50 / €88.00

With a focus on clinical application, this text combines the knowledge and skills of counselling psychology with current theory and research in grief and bereavement. This edition is updated to address issues related to the developmental aspects of grief, including grief in children, grief as a lifespan concept, and grief in an aging demographic.

Teachers College Press

HEALING THE SOUL WOUND
Trauma-Informed Counseling for Indigenous Communities, Second Edition
Eduardo Duran
Oct 2019 208pp
9780807761397 Paperback £38.50 / €44.00
9780807763155 Hardback £114.00 / €131.00
Multicultural Foundations of Psychology and Counseling Series

In this groundbreaking book, Eduardo Duran - a psychologist working in Indian country - draws on his own clinical experience to provide guidance to counsellors working with Native Peoples and other vulnerable populations. This second edition includes an important new chapter devoted to working with veterans.
BESTSELLERS

American Psychological Association

BEHAVIORAL INTERVENTIONS IN COGNITIVE BEHAVIOR THERAPY

Practical Guidance for Putting Theory into Action
Richard F. Farmer & Alexander L. Chapman
2008 342pp
9781433802416 Hardback £66.50 / €76.00

Shows readers how to put behavioral theory and science into action. This book discusses case formulation and treatment planning, core behavioral intervention strategies, and innovative approaches, such as acceptance, mindfulness, and a behavioral approach to cognition.

EMOTION-FOCUSED THERAPY

Leslie S. Greenberg
2011 182pp
9781433808579 Paperback £38.95 / €45.00

Theories of Psychotherapy Series

Explores this versatile and useful approach, its theory, history, therapy process, primary change mechanisms, the empirical basis for its effectiveness, and recent developments that have refined the theory and expanded how it may be practiced. Perfect for graduate students studying theories of therapy and counselling, as well as for seasoned practitioners interested in understanding how this approach has evolved and how it might be used in their practice.

EMOTION-FOCUSED THERAPY FOR DEPRESSION

Leslie S. Greenberg & Jeanne C. Watson
2005 353pp
9781551927803 Hardback £54.95 / €64.00

A practical manual for the emotion-focused treatment (EFT) of depression, it covers theory, case formulation, treatment, and research in a way to make this complex form of therapy accessible to all readers. The authors discuss the nature of depression and its treatment, examine the role of emotion, and present a schematic model of depression.

THE HEART AND SOUL OF CHANGE

Delivering What Works in Therapy, Second Edition
Edited by Barry L. Duncan et al
2009 405pp, illustrations
9781433807091 Hardback £71.95 / €83.00

Offers practical guidance on how a therapist can truly ‘deliver what works in therapy’. This title examines the common factors underlying effective psychotherapy and brings the psychotherapist and the client-therapist relationship back into focus as key determinants of psychotherapy outcome.

LEARNING EMOTION-FOCUSED THERAPY

The Process-Experiential Approach to Change
Robert Elliott et al
2003 366pp
9781591470809 Hardback £66.50 / €76.00

The originators of ‘Process-Experiential Therapy’ describe the various tasks and techniques of this integrative humanistic therapy, emphasizing the importance of the therapeutic relationship. The book addresses major aspects of theory, case formulation, treatment, and research, and the nuances of learning and teaching this complex form of therapy.

Counseling Theory and Practice
Second Edition
Edward Neukrug
2017 620pp
9781516506309 Paperback £137.00 / €159.00

Developed for helping professionals, Counseling Theory and Practice explains what it means to be an effective helper, discusses foundations of classic counselling and psychotherapy theories, provides an overview of emerging theories, and gives students the opportunity to develop their own approaches to counselling and psychotherapy practice.
THE FEELING OF MEANINGLESSNESS
A Challenge to Psychotherapy and Philosophy
Viktor E. Frankl
Edited by Alexander Batthyany
2010 234pp
9780874627589 Paperback £27.50 / €32.00
Marquette Studies in Philosophy

Viktor Frankl, the founder of logotherapy, a psychotherapeutic method which focuses on a will to meaning as the driving force of human life, takes a look at how the modern condition affects the human search for meaning.

CHILD-CENTERED PLAY THERAPY WORKBOOK
A Self-Directed Guide for Professionals
Jodi Ann Mullen & June M. Rickli
2014 160pp
9780878226825 Paperback £39.95 / €47.00

Combines the foundational content needed to orient play therapists to the child-centred approach with an engaging series of reflective and experiential activities designed to help develop therapeutic competence. The many activities included here allow readers to engage in an interactive process to learn the philosophy and skills of child-centred play therapy.

NEUROBIOLOGY AND TREATMENT OF TRAUMATIC DISSOCIATION
Towards an Embodied Self
Edited by Ulrich F. Lanius, Sandra L. Paulsen & Frank M. Corrigan
2014 536pp
9780826106315 Paperback £103.00 / €119.00

Encompassing the contributions of expert clinicians and researchers in the area of traumatic stress and dissociation, this volume is the first to integrate current neuroscience research regarding traumatic dissociation with several cutting-edge approaches to treatment, providing a comprehensive, neurobiologically based treatment approach.

SEX BETWEEN BODY AND MIND
Psychoanalysis and Sexology in the German-Speaking World, 1890s-1930s
Katie Sutton
Dec 2019 392pp
9780472131600 Hardback £76.50 / €89.00
Social History, Popular Culture, And Politics in Germany

In the first half of the 20th century the German-speaking world became the international centre of medical-scientific sex research - and the birthplace of sexology and psychoanalysis. This is the first book to closely examine encounters among this era's German-speaking researchers across their emerging professional and disciplinary boundaries.
**BESTSELLERS**

**BEYOND THE PLEASURE PRINCIPLE**  
Sigmund Freud  
*Edited by Todd Dufresne*  
*Translated by Gregory C. Richter*  
2011 396pp  
9781551119946 Paperback £16.50 / €19.00  
*Broadview Editions*  
Provides a readable new translation and places Freud's controversial late work in the context of the tradition of Continental philosophy.

**THE FUTURE OF AN ILLUSION**  
Sigmund Freud  
*Edited by Todd Dufresne*  
*Translated by Gregory C. Richter*  
2012 200pp  
9781554810659 Paperback £14.50 / €17.00  
*Broadview Editions*  
In 1927 Sigmund Freud, the founder of psychoanalysis, declared that religion is a universal obsessional neurosis. *The Future of an Illusion* provoked immediate controversy and has continued to be an important work for anyone interested in the intersection of psychology, religion and culture. Included in this volume is Oskar Pfister's critical engagement with Freud’s views on religion.

**THE BASIC FAULT**  
Michael Balint  
*Therapeutic Aspects of Regression*  
1992 205pp  
9780810110250 Paperback £29.95 / €35.00  
The *Basic Fault* continues to illuminate the crucial current issues in psychoanalysis and psychotherapy in general: the nature of self, the role of developmental defects, the value of empathy, and the central importance of the relationship between therapist and patient. This paperback edition includes a foreword by Paul H. Ornstein discussing the impact of Balint’s work at the time of its publication and its continued importance now.

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**CREATIVE ARTS THERAPIES**

**BASIC VERBAL SKILLS FOR MUSIC THERAPISTS**  
Elizabeth K. Schwartz  
Nov 2019 164pp  
9781945411472 Paperback £32.50 / €38.00  
Basic verbal skills are necessary for effective and competent practice at every level of music therapy. This innovative new text provides a clear and practical foundation for understanding how words and verbalization can be used in a variety of ways in music therapy to meet the individual needs of each client across a range of settings.

**GUIDED IMAGERY AND MUSIC**  
Edited by Denise E. Grocke  
Jul 2019 277pp  
9781945411403 Paperback £98.95 / €114.00  
A comprehensive textbook on theory, practice, and research into the Bonny Method of GIM and its applications with individuals and groups of all ages with various needs. Models of practice of GIM are presented within Jungian, psychodynamic, Gestalt, cognitive and transpersonal orientations, and advancements to GIM are detailed.

**MUSIC THERAPY SUPERVISION**  
Edited by Michele Forinash  
Nov 2019 474pp  
9781945411427 Paperback £68.50 / €79.00  
Provides a comprehensive examination of the many levels and facets of music therapy supervision. This second edition contains 26 chapters by leading experts from the USA, Canada, Denmark, Australia, and Israel. This is a valuable resource for beginning as well as experienced supervisors.
**DEFINING MUSIC THERAPY**

*Third Edition*

_Kenneth E. Bruscia_  
2014 417pp  
9781937440572 Hardback £42.50 / €49.00  
The third edition of this book is the culmination of a 25-year project aimed at conceptualizing music therapy in a critically inclusive and integrative way. To be critically inclusive, the definition must provide an umbrella that embraces all professional practices and concepts that have been deemed viable in the refereed literature.

**RELATIONAL MUSIC THERAPY**

*An Intersubjective Perspective*

_Gro Trondalen_  
2016 277pp  
9781937440183 Paperback £28.50 / €33.00  

Presents an exploration of the myriad relational dimensions of music therapy, highlighting an intersubjective perspective that illuminates how therapeutic change may come about through non-verbal relational processes at a micro-level. These processes are illustrated through psychotherapeutic work in individual and group settings, including expressive and receptive music therapy methods.

**THE HANDBOOK OF SANDPLAY THERAPY**

*Barbara A. Turner*  
2005 750pp  
9780972851732 Paperback £44.95 / €53.00  
The theoretical mechanics of Jungian sandplay, a nonverbal psychotherapy, are used to explain and illustrate this valuable healing tool. Numerous clinical examples and explanations of the psyche, ego development, and conscious and unconscious states are used to examine the technique’s ability to make the psyche change through psychological, mythological, and neurobiological paradigms in child and adult participants.

**NEUROBIOLOGICAL FOUNDATIONS FOR EMDR PRACTICE**

*Second Edition*

_Uri Bergmann_  
May 2019 288pp  
9780826172662 Paperback £71.50 / €81.00  

Now in its second edition, this groundbreaking work incorporates new neuroscientific and psychological research related to human development, traumatic stress, disorders of attachment, and information processing, and its implications for EMDR practice.
EMDR (Eye Movement Desensitization and Reprocessing) as a means of trauma resolution is a treatment that is supported by a body of scientific research. This book explains why its use with clients affected by dissociative disorders has been difficult and at times even impossible.

**INTEGRATING EMDR INTO YOUR PRACTICE**
Liz Royle & Catherine Kerr
2010 224pp
9780826104991 Paperback £64.95 / €75.00
Offers guidance and strategies to avoid the common pitfalls of EMDR practice through the 8-phase protocol. This text intends to guide therapists into a safer way of working while encouraging them to access accredited training and supervision for their practice. It also includes case studies that illustrate common pitfalls.
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